Fourth Edition

CAREER ACHIEVEMENT GROWING YOUR GOALS







CAREER achievement

Karine B. Blackett, Ed.D.

American Public University System APUS Kaplan University National American University Virginia College Online Walden University

Fourth Edition







CAREER ACHIEVEMENT

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dedication This book is dedicated to the light of my life, my son, Kevin. And to my students—it is an honor and privilege to work with

And to my students-it is an honor and privilege to work with you as you grow your goals.



about the



Karine Blackett

DR. KARINE B. BLACKETT is a certified life coach whose professional credentials span more than 20 years of student success and career management experience. Dr. Blackett studied at the University of Malta and worked in Kenya, Africa, through her undergraduate degree with the University of Minnesota. She holds an English Language Teaching Certificate from New School University in New York and taught English as a second language in Southern Japan. Dr. Blackett received her master's degree in Student Affairs in Higher Education from Colorado State University. She received her doctorate in Higher Education Administration from the University of South Dakota.

Dr. Blackett has taught for several institutions, including doctoral online courses for Walden University and Aspen University; master's online courses for Kaplan University; and undergraduate online courses for Virginia College Online, National American University, and the American Public University System. In addition to teaching, Dr. Blackett is a course instructional designer and consultant for several institutions. In the past, she has served as the career services manager for National American University. She is a published author and contributor in the college success and career management fields and is an accomplished public speaker. Dr. Blackett has conducted motivational speaking with the South Dakota National Guard.

Dr. Blackett is a Master Facilitator with The Pacific Institute, serves as an advisor to Jim Madrid and Advanced Sports Technology (http://jimmadrid.com/ast), and consults with many colleges and universities worldwide. Dr. Blackett was also a consultant with Coach Pete Carroll's "A Better LA" anti-gang program (http://www.abetterla.org).

NOTE TO STUDENTS

After several years of teaching career development and management courses, I realized that something was missing from the course materials I was using. The basic elements could be found in nearly all of the textbooks available, but many of the critical topics that I taught were absent. In my classes and coaching practice, I stress the importance of using success tools. Over the years, many former students and clients have told me how those principles and tools literally transformed their lives and set their careers on the paths they truly desired.

With the changes in the landscape of the world including the economy, pandemics, threats of war, and other stresses, it is wise to be diversified in the job market.

I determined that in order to ensure that career-seekers everywhere could apply and reap the benefits of those career tools, I needed to compile them into an easy-to-use text, packed with leading success strategies from scholarly resources and industry professionals, proven career planning and search processes, thought-provoking questions, relevant examples, and action-oriented activities. *Career Achievement* is the complete, current, and invaluable result of that need.

Career growth is a lifelong development process, not just a onetime search. Your career continually changes as your life path and your professional goals change. That said, the concepts and lessons covered in this book underscore the fact that having a job, and ultimately a career, is critical to your current well-being. By opening this book and preparing to apply its concepts and support tools to your career planning process, you have taken the first step toward finding a career that fulfills both your personal and financial needs.

Career Achievement will help you discover a wealth of information not only about yourself and your career goals, but also how to grow those goals throughout the job-search process using straightforward, easy-to-follow steps. The conversational style allows for easy reading and makes you feel as though you have a personal career coach by your side, offering support as you work toward and achieve each of your career goals and providing encouragement, tips, and suggestions to guide you through any obstacles. This winning combination is missing from other career planning textbooks; with it, you become unstoppable!

This book is about you. It is about you living your best life and achieving a fulfilling career. It is about defining your own meaning of "success" and really believing that it is possible. A single mother who returns to school to change her life and work in a purposeful career, allowing her to provide for her family, is a success. A retiree who decides to pursue an entirely new career so that he or she can remain fulfilled through a chosen vocation is a success. A young adult who goes against what most of his or her friends are doing and attends college while working to earn a degree in a field he is passionate about is a success. When you utilize success tools and principles on your journey, success is not only possible, it is probable. Most of us never received these tools and principles growing up. If you did, the ideas in this book will provide reinforcement and show you how to put what you know into action. If you did not, fear not, as this book was designed with you in mind!

Dr. Karine Blackett





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"I really liked this app—it made it easy to study when you don't have your textbook in front of you."

- Jordan Cunningham, Eastern Washington University

iPhone: Getty Images



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PREFACE

Welcome to *Career Achievement: Growing Your Goals!* This text was specifically designed with your success as our top priority. We understand the immense preparation, energy, time, and dedication that the career planning process requires. This book was developed to simplify the process. It provides necessary information and support to help career-seekers reach their objectives and succeed beyond what they might have thought possible.

Each chapter covers vital topics—supported by dynamic activities and relevant examples—that will help you identify, grow, and ultimately achieve your career goals. In addition to concept discussion, embedded questions, real-world examples, and application-oriented activities, each chapter in *Career Achievement* presents the opportunity for you to create your own portfolio materials. Whether you are searching for your first job, planning a career change, or have unexpectedly found yourself searching for employment, *Career Achievement* provides the valuable information you need to land the perfect job and advance on your desired career path.

This comprehensive text couples the most tried-and-true steps to achieving career goals with new principles and tools that are absent in other career development books. In the ever-changing job market, these new tools will help you stay in front of hiring managers and strides ahead of other applicants in the hiring pool. With the continually growing need to stay at the forefront of technology during the career planning process, it also provides the opportunity not only to apply traditional career planning and search techniques, but also to incorporate the Internet and online resources into the process. *Career Achievement* is a powerful combination of both proven and new career assessment, marketing, communication, and management tools.

Exploring, Growing, and Achieving

The features included in *Career Achievement: Growing Your Goals* are specifically designed to ignite and cultivate your students' interests and career objectives, while allowing you to teach the course easily, effectively, and comprehensively.

> chapter 1 Jump-Start Your Career Focus on Success Determined, but Skeptical The Difference between a Job and a Career Managing Your Career The Importance of Effective Goal Setting Multipolarity of the second setting Your Career Mission Statement My Portfolio 1.1 Draft Your Career Mission Statement Focus on Success Determined, but Skeptical—Alisha's Optimism Grows chapter 2

Skills and Interests-Your Career Assets Focus on Success The Right Fit Your Values, Interests, and Personality Focus on Success Jerry Salier-Dream to Reality Soft Skills and Adaptive Skills Hard Skills and Transferable Skills

My Portfolio 2.1 Career Assets Inventory My Portfolio 2.2 Quantify Your Skills Identify Your Skills Gap Match Your Degree to Goals and Possibilities Focus on Success The Right Fit—Christine's Work Pays Off

chapter 3 Where Are the Jobs? Maximize Your Career Options Focus on Success Jamal's Daydream Rethinking Unamelangert

Focus on Success Jama's Daydream Rethinking Unenployment Labor Market Trends and the Changing Employment Using Sources to Find Employment Opportunities My Portfolio 31 Company Research My Portfolio 22 Log of Contacts Focus on Success Jama's Daydream—From Napkin Reality

do I want to do with my life? What skills do I possess? How will changes in the job market affect my search? How do I even begin to look for the career that I truly want? These are all questions you might have. Part 1 vers these questions and helps you lay the groundwork for a successful career search Chapter 1 quides you through a series of self-assessment exercises that will help you define your caree mission and goals. Once you have a clear understanding of your career objectives, Chapter 2 helps you mine your values, skills, and personality. Knowing this information will enable you to identify possible career paths that match not only your educational background, but also your goals, strengths, and interests Chapter 3 shows you how to monitor current labor market trends in relation to career paths that interest you then explains how to target your career search using various sources of information

Part Openers

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Each part provides an introduction to the chapters covered and walks readers through the logical progression of topics.

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Chapter Openers

Chapter-opening quotes inspire students, while the target competencies and learning outcomes plant the seeds for what is to come. Each learning outcome is linked directly to a main heading in the chapter, emphasizing important topics throughout, and providing a chapter-by-chapter outline for self-study.

focus on success

Allsha waited after class to speak with her career development instructor. She needed clarification on how to do the homework Dr. Harris has assigned. She waited patiently, but she wondered how long it would take for the student before her to finish talking to Dr. Harris. Allsha's daughter was at after-school care, and Allsha hrew she culdn't be latte picking

We an anter-school care, and Antonia Knew Sne Couldn't be take ploking Alsha had worked hard to graduate from high school and had spent the ast five years working as a home care aide for the elderly. She enjoyed at the years working as a home care aide for the elderly. She enjoyed at the years working as a home care aide for the elderly. She enjoyed but recently she had become increasingly sware that her coportunities for durage endowed and the school and the school and the school and the researched her options online and decided she wanted to be a detail assistant. Coupled with working, althe increw that taking college classes would limit her time with her daughter, but she hoped that earning an asso-ciate's degree would allow her to earn more money and provide a better for her family. Making more money was a goal she had kept in the back of her mind for several years. The career development course was required for the dential assisting corram. but Allah dight realt horits, twas necessary. She alteady knews

The career development course was required for the denal assisting program, but Alinha didn' really himit it was necessary. She already knew she warted to do denal assisting, and she had been hired for good jobs in the past without the help of a class. Now Dr. Harri's homework assign-ment required each person in the class to withe down at least five specific career gals. With just one goal of anking more money. Alisha didn't know how she was going to come up with four more. As the other student gathered his books and left the classroom, Dr. Harris turned to Alisha. "Of coursel" sale Dr. Harris. "That's what I'm here for. What can I do for vot?"

Life is hard when you don't do what you truly value because you are putting your energy into trying to get rid of your fears, rather than materializing your dreams. -Maria Nemeth, Ph.D., author of The Energy of Ma

target competency > Take an inventory of your values, personality, and skills. Add skills and interests to your career portfolio.

learning outcomes

- After studying this chapter, you should be able to: **LO 2-1** Describe and provide examples of your values, interests, and personality as they relate to obtaining employment. **LO 2-2** Define the terms *soft skills* and *adaptive skills* and explain their importance in job seeking and career achievement. LO 2-3 Understand and provide examples of hard skills and transferable skills LO 2-4 Identify your skills gap.
- LO 2-5 Match your degree to your goals and career possibilities.

-Focus on Success

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These are scenarios that focus on real-world career planning and development issues. A dilemma is presented at the beginning of each chapter, allowing students to consider and discuss how they might handle the situation. At the end of the chapter, the problem is resolved, and students can react to the characters' actions and choices. This feature will spark discussion among students with questions and references to concepts presented in the chapter.



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Dr. Harris smiled. "Don't worry," she said. "You are not alone in that feeling! I think I can help you get tarted on the assignment. Let's begin at the most logical place—tell me about you."

e career development course am, but Alisha didn't really th

Determined . . . but Skeptical

Career Coaching

Career Coach boxes – provide enhanced concepts, reinforcement, tools, principles, and skills for success. This feature, located throughout each chapter, lends a mentoring and guiding aspect and allows each student to feel as though he or she has a **personal career coach by his or her side**.

careercoach1.1

Do What You Love and the Money Will Follow

The saying "Do what you love and the money will follow" (Canfield & Hansen, 2013; Rann & Arrott, 2005; Roman & Packer, 2007; Sher & Gottlieb, 2003; Shinn, 2008) is based on a success principle. In the 1960s, a man by the name of Scrully Blotnick conducted a study of 1,500 people who set out to become millionaires. He divided them into two groups. The first group, 1,245 individuals, said they would pursue money first and then later do what they truly wanted to do with their lives. The second group was made up of only 255 people who said they would follow their interests first and trust the money would follow. These 1,500 individuals were tracked 20 years later. Guess what? There were 101 millionaires from the whole group. Only one millionaire came from the first group. The other 100 millionaires came from the 255 people in the second group—

This chapter is designed to bring about a personal awareness to the natural gifts, talents, inclinations, skills, and abilities you possess. This will help you align your career search with your career goals. You cannot fail when your own interests and natural talents are involved.

My Portfolio

Included in each chapter, these action-oriented activities assist students in **creating their own personal marketing materials** throughout the course, resulting in a complete, ready-to-use portfolio.

my portfolio 1.1

Draft Your Career Mission Statement

You are the expert on you! With this in mind, you will construct a career mission statement that works for you and your life's purpose. Now that you have learned about the career mission statement, and viewed several websites to learn more about developing one, you are ready to draft your own. Remember that you can modify your career mission statement over time. At this point, draft your best guess. Write something on paper as a starting point about what you want to do with your life. This may be similar to an objective on a resume. Do not be afraid to revise it several times until you have determined your best career mission statement. When you are satisfied, either rewrite your career mission statement on a clean sheet of paper and keep it in a binder specifically for your portfolio documents, or type it into an electronic word processing document and save it to your computer; save it in the Cloud (there are many ways to do this); save it to a portable storage device, such as a USB drive.

Exercises

Hands-on practice exercises directly related to key concepts allow students to **immediately apply** what they have learned.



exercise 2.2

Five People You Admire

This exercise will help you identify the qualities that you value in yourself and others.

Directions: List five people (living or dead, fictional or real) you admire. Next to each name, list characteristics you admire or value in that person or character. For example, you might admire someone for being brave, funny, and creative. Next, list your admirable characteristics. The resulting two lists represent all of the characteristics that you value in yourself and in others. If you feel you don't possess a particular quality that someone else on your list has, keep this in mind—that quality must already exist in you to some extent, or you would not identify with it. It might be a quality you wish to enhance or improve.

	Name of Person or Character	Characteristics I Admire or Value
1		
2		
3		
4		
5		
6	Me	

Cyber Trips

Web-based activities encourage students to utilize the Internet during the career planning and development process. These are also fully assignable and gradable in **Connect**.

Су	ber Trip 3.1
unemj	mployment Rates Visit the Department of Labor website (http://www.bls.gov/eag/) to see the national ployment rate and the unemployment rate in your state. After visiting the Department of Labor website, answer sestions below:
1.	What is the current national unemployment rate?
2.	Research a particular state. What is the current unemployment rate for that state?

SELF-CHECK

4. Name three qualities that employers look for in a worker.

- 5. Consider the three qualities you chose above. What type of skill is each quality?
- 6. What are some ways you can use your skills-gap identification information?

Self-Check Questions

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Questions positioned at key learning points throughout each chapter reinforce learning outcomes and promote concept retention.

chapter summary

how these trends can be used to generate opportuni-ties for your personal career growth. As noted, an organized manner.

As you seek your ideal job, it is as important to know employment trends come and go. Therefore, you what you are seeking as it is to know what is going on want to gather accurate information to ensure your in the economy. You want a great match. This chap-long-term career success. In this chapter, you also ter examined the top 10 employment trends, and learned how to research industries, target jobs, re-

skill/term check

- 1. What is frictional unemployment? (LO 3-1)
- 2. How can frictional unemployment benefit one's job search? (LO 3-1)
- 3. How does globalization impact the labor market? (LO 3-2)
- 4. What three employment trends do you feel are most significant? Why? (LO 3-2)
- 5. What do you feel are the pros and cons of working for small firms, medium firms, and large firms? (LO 3-2)
- 6. How does your educational attainment impact your job and career prospects? (LO 3-2) 7. Which industries are projected to see the greatest job growth between now and 2022? (LO 3-3)
- List three sources of information you can use to research companies and positions during your job search. (LO 3-3)

KEY TERMS

Artificial intelligence (AI): Computer systems the perform tasks that typically require human input. (LO 3-2) [p. 58] ems that

Baby boomer: Someone born between 1946 and 1964. (LO 3-2) [p. 59]

Contact log: A way to record current and potential contacts during the job search and interview process. (LO 3-3) [p. 76] E-commerce company: Business that is conducted electronically on the Internet. (LO 3-2) [p. 68]

Frictional unemployment: Unemployment that results because people move between jobs, careers, and locations. (LO 3-1) [*p. 57*]

78 Chapter 3 Where Are the Jobs? Maximize Your Career Options

Informational interview: An interview that allows you to gather information about a particular occupation or company. (LO 3-3) [p. 73]

McDonaldization: Term coined by George Ritze explain how society takes on the characteristics of fast-food restaurant. (LO 3-2) [p. 67]

McJob: A low-paying job requiring few skills and offering little chance of advancement. (LO 3-2) [p. 67]

Outsourcing: Hiring and paying an outside firm or third party to handle internal company functions. (LO 3-2) [p. 59]
 Globalization: The growing economic interdependence of countries worldwide. (LO 3-2) (p. 50)
 Service workers: Those who perform services for the public. (LO 3-2) (p. 65)

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End-of-Chapter Materials

Chapter Summaries review learning outcomes and important concepts. Skill/Term Checks promote recall and reinforcement of vital chapter concepts; each question is linked to the appropriate learning outcome. Key Terms are listed for reference, and also linked to page numbers and learning outcomes.

What's New to the Fourth Edition

The landscape in employment has drastically changed, and we are in for even more changes, including:

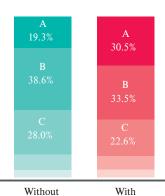
- Gig Economy.
- "How I Got from Drawing for Fun to Drawing for a Living."
- Career Hacks.
- Forms of Energy.
- Network Matters.
- Virtual Networking.
- Application Tracking Systems and How to Get Your Resume Through.
- Tips and Tools for Moving Forward No Matter What.
- Tips to Get Through Hard Times.
- New Landscape of Employment Trends.
- Post-Pandemic Employment Trends.

Instructor Supplements

McGraw Hill Connect

Connect is an all-digital teaching and learning environment designed from the ground up to work with the way instructors and students think, teach, and learn. As a digital teaching, assignment, and assessment platform, *Connect* strengthens the link among faculty, students, and coursework, helping everyone accomplish more in less time.

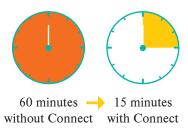
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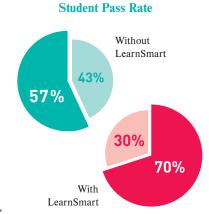


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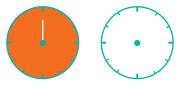






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 $60 \text{ minutes} \rightarrow 0 \text{ minutes}$ without Connect with Connect

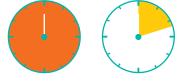
SmartBook

A Revolution in Reading Fueled by Learn-Smart, SmartBook is the first and only adaptive reading experience available today. SmartBook personalizes content for each student in a continuously adapting reading experience. Reading is no longer a passive and linear experience, but an engaging and dynamic one where students are more likely to master and retain important concepts, coming to class better prepared.

Efficient Administrative Capabilities

Connect offers you, the instructor, autogradable material in an effort to facilitate teaching and learning.

Grading



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Student Progress Tracking

Connect keeps instructors informed about how each student, section, and class is performing, allowing for more productive use of lecture and office hours. The progress tracking function enables instructors to:

- View scored work immediately and track individual or group performance with assignment and grade reports.
- Access an instant view of student or class performance relative to learning objectives.
- Collect data and generate reports required by many accreditation organizations, such as AACSB.

Actionable Data

Connect Insight is a powerful data analytics tool that allows instructors to leverage aggregated information about their courses and students to provide a more personalized teaching and learning experience.

Connect Instructor Library

Connect's instructor library serves as a one-stop, secure site for essential course materials, allowing you to save prep time before class. The instructor resources found in the library include:

- PowerPoint Slides: These slide presentations are created specifically for each chapter to reinforce key concepts and provide a visual for students. They are excellent for in-class lectures, as well as for supplemental learning.
- Test Bank: A comprehensive test bank and answer key is available for use in classroom assessment. The test bank includes a variety of question types, with each question linked directly to Learning Outcome, Bloom's Taxonomy, difficulty level, and page number in the chapter.
- Instructor's Manual: The Instructor's Manual includes lectures, additional activities, and help for instructors while planning and teaching the course.

Acknowledgments

This book is the result of the synergy brought about by my *posse*, my team of supportive people. I extend my sincere gratitude to the following people: Cody Hubbeling for your research, diligence, and insights. Paul Hubbeling for your work on the earlier editions. And a shout out to Bernis Berber, Frank Cawley, Ethan Aldous, and Geoff Byrd for your professional opinions on the subject matter. Paul Sedlacek, for your friendship, formatting expertise, and professional support. While there are too many to name, I also want to thank those who were gracious in allowing me to use their quotations and material to enhance the message of this textbook and bring the coaching principles and tools to life. A special thank you to Jerry Sailer and Randy Decker for sharing their business success story. Also a heart felt thank you to Sonya Davis and Alyssa L. Tanner for their contributing stories and career success tips.

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PART ONE

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CAREER achievement

You and Your Career: Finding and Cultivating a Great Match!

PART



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The Difference between a Job and a Career
Managing Your Career
The Importance of Effective Goal Setting
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Embarking on a career search can be intimidating, and you might find yourself feeling overwhelmed. What do I want to do with my life? What skills do I possess? How will changes in the job market affect my search?
 How do I even begin to look for the career that I truly want? These are all questions you might have. Part 1 answers these questions and helps you lay the groundwork for a successful career search.

Chapter 1 guides you through a series of self-assessment exercises that will help you define your career mission and goals. Once you have a clear understanding of your career objectives, Chapter 2 helps you determine your values, skills, and personality. Knowing this information will enable you to identify possible career paths that match not only your educational background, but also your goals, strengths, and interests. Chapter 3 shows you how to monitor current labor market trends in relation to career paths that interest you, then explains how to target your career search using various sources of information.

Part 1 helps you to establish clear goals, helps you identify the specific skills you possess, gives you techniques for researching career information, and details how to gain confidence in your abilities and in your career choices. Combined, these tools ensure that you have a solid advantage over other candidates in the job market.

chapter 1

Jump-Start Your Career

Make no little plans; they have no magic to stir men's blood . . Make big plans; aim high in hope and work.

-Daniel H. Burnham, architect and urban planner



learning outcomes

After studying this chapter, you should be able to:

- **LO 1-1** Differentiate between a job and a career.
- **LO 1-2** Determine how to manage your career.
- **LO 1-3** Recognize the role of effective goal setting in relation to career success.
- **LO 1-4** Understand the importance of having a career mission before you create a career plan.



focus on success Determined . . . but Skeptical



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Alisha waited after class to speak with her career development instructor. She needed clarification on how to do the homework Dr. Harris had assigned. She waited patiently, but she wondered how long it would take for the student before her to finish talking to Dr. Harris. Alisha's daughter was at after-school care, and Alisha knew she couldn't be late picking her up.

Alisha had worked hard to graduate from high school and had spent the last five years working as a home care aide for the elderly. She enjoyed her work, and the pay she earned as an aide covered her daughter's needs, but recently she had become increasingly aware that her opportunities for advancement were limited. After determining it was time to make a change, she researched her options online and decided she wanted to be a dental assistant. Coupled with working, Alisha knew that taking college classes would limit her time with her daughter, but she hoped that earning an associate's degree would allow her to earn more money and provide a better life for her family. Making more money was a goal she had kept in the back of her mind for several years.

The career development course was required for the dental assisting program, but Alisha didn't really think it was necessary. She already knew she wanted to do dental assisting, and she had been hired for good jobs in the past without the help of a class. Now Dr. Harris' homework assignment required each person in the class to write down at least five specific career goals. With just one goal of making more money, Alisha didn't know how she was going to come up with four more.

As the other student gathered his books and left the classroom, Dr. Harris turned to Alisha.

"Alisha, right?" she asked.

Alisha nodded. "Yes, and I think I need some help," she said.

"Of course!" said Dr. Harris. "That's what I'm here for. What can I do for you?"

"Well, I really don't know how I'm going to do the homework assignment," Alisha replied. "You asked us to write down five specific career goals, and I only have one. My goal is to make more money, and I don't really see the point in writing that down."

"I can understand why writing your goals down might not seem to hold much value right now, but I promise it will make sense by our next class," said Dr. Harris. "If you don't mind my asking," she continued, "exactly how much more money would you like to make?"

Alisha thought for a moment. She had never really had a target income in mind.

"I'm not sure," she told Dr. Harris. "I'm just not satisfied with what I make now, and my raises are never enough."

Dr. Harris smiled. "Don't worry," she said. "You are not alone in that feeling! I think I can help you get started on the assignment. Let's begin at the most logical place—tell me about you."

Discussion Questions

- 1. Alisha is at a point where she feels like she needs a change. Have you ever felt the same way? Did you do anything about it? Why or why not?
- 2. How might specifying her desired income help Alisha reach her goal of "making more money"?
- 3. How do you think writing down her goals will help Alisha achieve them?

» LO₁₋₁ The Difference between a Job and a Career

What is the difference between a job and a career? Some say that J.O.B. stands for Just Over Broke. That makes a lot of sense when you think about it. A **job**

is a work situation you take to earn money. You might like it and you might not. A **career**, on the other hand, is a profession built on one's skills, passions, experiences, education, and preferences. When you align your gifts, talents, and desires with your vocation, you have found your career. This will allow you to endure the parts of your work that you don't totally enjoy, because in the big picture you have a purpose and like what you do.

You may find that you want to turn an **avocation** you have now into a full-time career. An avocation is an activity or hobby that is done for enjoyment in addition to one's regular work. If you are not sure what your purpose is, or what you should do for a fulfilling career, that is fine. This

chapter will help you reaffirm the choices you have made, or it will get you moving in the right direction if you are not yet clear.

Ask yourself the question "Live to work, or work to live?" This question is the essence of the line between a job and a career. Keep this question in mind

The terms job and career are used interchangeably, but they are quite different.

Job A work situation in which you earn

Career A profession built on one's skills, passions, experiences, education, and

Avocation An activity or hobby that is

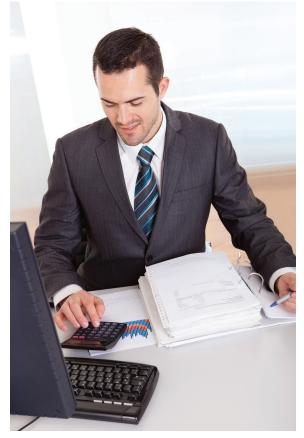
done for enjoyment in addition to one's

money.

preferences.

regular work.

as you do the assessments in this chapter and when you formulate your career mission. A full-time job will take up more than 2,000 hours of your time each year. You will spend more time on the job than doing anything else, except sleeping if you are lucky.



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Diego Cervo/Blend Images

The terms *job* and *career* are used interchangeably, but they are quite different. A job is a means to an end. Another word for job is Gig. We are in the **Gig economy**. The Pandemic left many workers with less income or no income, and gigs kept them afloat. You work at a job to get by and pay bills. A career is a life path. You build your career over time with a long-range goal. You strategize for your career. Once you have a firm idea of what you want to do for your career, you will find a way to carry out your plan. You will map out and follow a career path. Jobs, on the other hand, are often unrelated and do not typically reflect what you really want to do with your life.



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Should you take a job? Absolutely. There is a def-

inite time and place for working at a job. For example, jobs are helpful while you are in school, looking for a better position for your career, or if you were laid off and take a temporary job to make ends meet while you search. Employers prefer to hire people who are working, so having a job is an important part of landing your career.

Gig economy The definition of a Gig job is outside traditional work. Sometimes they are short term and sometimes they turn into full-time work such as Door Dash or Uber or online tutoring.

careercoach1.1

Do What You Love and the Money Will Follow

The saying "Do what you love and the money will follow" (Canfield & Hansen, 2013; Rann & Arrott, 2005; Roman & Packer, 2007; Sher & Gottlieb, 2003; Shinn, 2008) is based on a success principle. In the 1960s, a man by the name of Scrully Blotnick conducted a study of 1,500 people who set out to become millionaires. He divided them into two groups. The first group, 1,245 individuals, said they would pursue money first and then later do what they truly wanted to do with their lives. The second group was made up of only 255 people who said they would follow their interests first and trust the money would follow. These 1,500 individuals were tracked 20 years later. Guess what? There were 101 millionaires from the whole group. Only one millionaire came from the first group. The other 100 millionaires came from the 255 people in the second group—those who said they would follow their interests and dreams first.

This chapter is designed to bring about a personal awareness to the natural gifts, talents, inclinations, skills, and abilities you possess. This will help you align your career search with your career goals. You cannot fail when your own interests and natural talents are involved.

Doing what you love so the money and success follow does not mean you can sit on the couch watching television all day and expect to get rich. It means that if you go after the money first, you may find yourself burned out in a field that does not fit you. When you go after your career, it is important to do something you like, or even love. Think of it as a lifestyle decision.

Do what you love and success and satisfaction will follow.

-Money Principle

focus on success

Alyssa's Story: "How I Got from Drawing for Fun to Drawing for a Living."

I grew up as a homeschooled student with my mom as the teacher. I spent hours and hours drawing. I made up my own cartoon characters, I would draw my favorite cartoons from TV, I experimented with many, many styles for my enjoyment and learning growing up.

After finishing high school, I applied to Indiana Wesleyan University. I was accepted on conditional status, my dyslexia made testing difficult and my ACT and SAT scores were low. However, the university liked my high school GPA and I was allowed to attend and keep attending if I did well. I felt like there was a lot at stake. My family was poor and I had an extreme case of impostor syndrome. I didn't want to waste all this money. But I had a dream of becoming a great artist and persistence to back it up.

One day, in my storyboarding art class, we had recruiters from the Cedar Point Amusement park.

They presented a demo of how to draw a caricature. I was intrigued. "This was how you get into drawing caricatures?" I thought: "You just get a



Alyssa Tanner

Caricature definition: a quick, silly portrait drawing done on the spot. Typically exhibiting a large head and a little body.

summer job at an amusement park and they help train you." I had always been fascinated by the art of drawing caricatures whenever I would see them in the big cities when my family was on a trip.

After class, I immediately went back to my dorm room and started practicing the techniques the recruiters had demonstrated in class. I drew some caricatures of my friends, and some celebrities. I scheduled an interview with the recruiters to show them my work. Part of the interview was to draw one of the recruiters on the spot! However, I was not nervous. Art is my thing, art is what I want to do, I want to have fun making money! I did the caricature, and even though I would consider it ugly today, the recruiters were super impressed and said what I had drawn would sell at the park. I was on cloud 9. It felt so good to be told I was

good at something and could make money off of it. I was offered the job. I did not end up taking the job due to housing, and travel, and all of the logistics and not owning my own car yet.

After successfully completing my freshman year of college with good grades and a confidence boost, I took a summer job babysitting. I had heard about a gentleman drawing caricatures at the Storybook Island Park in my town and several of my friends said I should talk to him. I took the kids I was babysitting to the park and let them play while I approached the man drawing caricatures. I went up to him and introduced myself, "Hi my name Alyssa Tanner, I love what you do. Do you think you could give me some tips on drawing caricatures?"

The gentleman's name was Ted Kraft, and he was thrilled that I had asked him to help me. Ted helped me get started drawing caricatures with his specific style that I have now refined and turned into my own unique style. Ted invited me to be the second artist to help with street fairs that had large crowds of people.



Alyssa Tanner

When we worked together at busy street fairs, we would each make more money together, because two artists created more excitement and shorter wait times.

The next summer Ted moved back to Arizona and he gave his account with Storybook Island Park to me. I became the independent contract caricature artist for Storybook Island. As time went on, I found out that I was able to make even more than what I would have made had I gone to Cedar Point in Ohio instead. I made more income and only had to pay a small booth rent and supplies and saved money living at home. There are a lot of other expenses that go into it than that, but it felt like God placed Ted in my life, and God had guided me to the path I was meant to take.

Throughout the rest of my college career, I continued to draw caricatures at Storybook Island in the summertime. I eventually needed an art internship and I asked if I could just work my caricature business over the summer and my professor said yes! So I kept a journal about what I did every day for my business. I ordered business cards, handled a customer service issue, advertised here and there, and so on.



Alyssa Tanner

After I graduated with my B.S. in Illustration from Indiana Wesleyan University in 2013, I bounced around several jobs because that's what you were supposed to do. Find a full-time job with benefits. I worked as an arts and crafts director, graphic designer, sign maker, layout designer, and so on. Most of these positions lasted from six months to a year. I would start a new job and be really excited and get burned out and realize this was not my passion. Each new job I was hoping would be "the one." I would always come back to caricatures in the summer time as my backup job.

If only I could make caricatures my full-time job.

A bride contacted Storybook Island one day and asked if I could draw caricatures at her wedding. I charged hourly and all the guests at the wedding reception would receive a drawing, compliments of the bride and groom. This became a major part of my business model: weddings and event entertainment. My skills improved and I started booking a few events a year. But this still was not sustainable full time. I would go to wedding showcases and book brides, I built a website, and started shifting my mindset to envision caricatures as my full-time job.

Fast forward to January 2020. I was working the worst job yet, with bosses who constantly texted and called all hours of the night about projects at work. I was completely drained and hated the "all work and no life" balance that was the culture of my current job. I had been looking for a new design job for months.

Around this same time, I booked a trip to California to attend a caricature conference with Stephen Silver, world famous Disney artist and caricature artist. The conference promised to teach how to draw caricatures and how to build it as a full-time business. The two-day conference was a success. I met other very wonderful artists. And I remember feeling in my heart, I want this so bad! I must make this happen and do whatever it takes. If you don't know Stephen Silver is one of the most encouraging entrepreneur teachers among the artist community. I took what he said to heart.

A few weeks later the pandemic happened. Everything shut down. It was very scary, and businesses were closing for good and several people were losing their jobs. The business I was working on getting a new job at, laid off several people. This business I wanted to work for had been in business decades and it even had a hard time keeping up with the pandemic! My current job cut my hours because business was slow. I picked up a side gig with DoorDash. Gas was cheap and I was making a decent profit and working fewer hours and making just as much as my full-time job. I finally had something working for myself to make enough money until Storybook Island opened in the summer and I quit my last formal job. Finally, I had another gig that I was in control of with Door Dash. Flexible with the time and it did not take up too much of my thoughts so I could think more about my caricature business.

I continued to do DoorDash throughout the summer 10 to 15 hours a week on top of my caricature gig throughout the summer. I kept up with DoorDash into the fall and winter and worked more and more weddings and events drawing caricatures. I built a new website that could take orders for me online for digital commissions as well.

I got to the point in April 2021 where I was receiving enough online commissions that I no longer needed to do DoorDash. Summer 2021, caricature business was doing so well at Storybook Island I needed to figure out a better money management system. I did not want to be like the people who make a lot and spend a lot and then have nothing once the income dries up.

I read the book, *Profit First*, by Mike Michalowicz. It was a very good read. The basic concept is to allocate your business' cash flow in percentages. Saving a small profit off the top, paying yourself and employees