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# HUMAN BIOLOGY

SEVENTEENTH EDITION



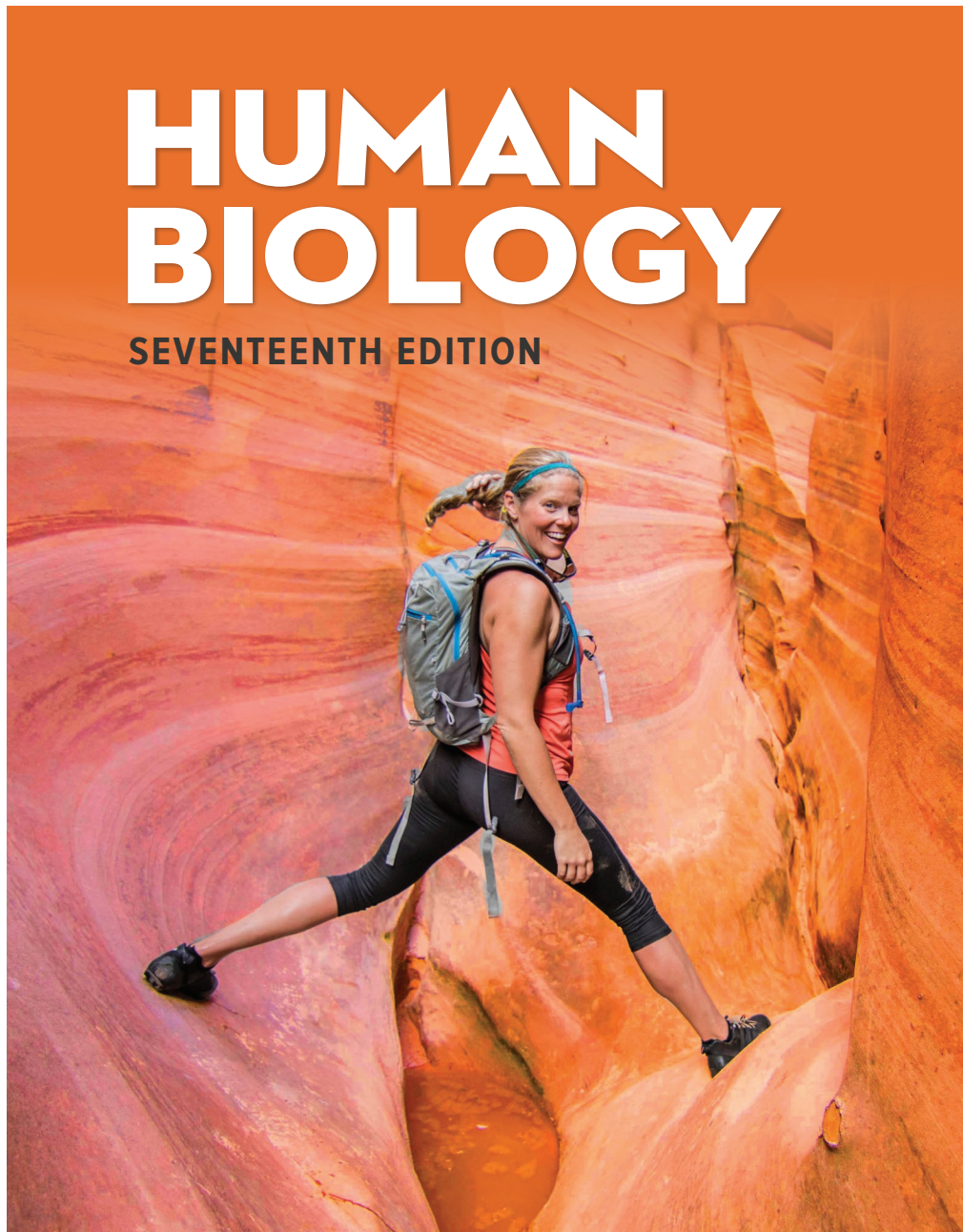
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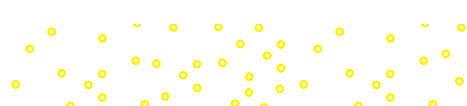
# HUMAN BIOLOGY

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**SYLVIA S. MADER**  
**MICHAEL WINDELSPECHT**

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## HUMAN BIOLOGY

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# ABOUT THE AUTHORS



Courtesy of Sylvia S. Mader

## Sylvia S. Mader

Sylvia S. Mader has authored several nationally recognized biology texts published by McGraw Hill. Educated at Bryn Mawr College, Harvard University, Tufts University, and Nova Southeastern University, she holds degrees in both biology and education. Over the years, she has taught at University of Massachusetts, Lowell; Massachusetts Bay Community College; Suffolk University; and Nathan Mayhew Seminars. Her ability to reach out to science-shy students led to the writing of her first text, *Inquiry into Life*. Highly acclaimed for her crisp and entertaining writing style, her books have become models for others who write in the field of biology.



Ricochet Creative Productions, LLC

## Michael Windelspecht

As an educator, Dr. Windelspecht has taught introductory biology, genetics, and human genetics in the online, traditional, and hybrid environments at community colleges, comprehensive universities, and military institutions. For over a decade he served as the introductory biology coordinator at Appalachian State University, where he directed a program that enrolled over 4,500 students annually.

He received degrees from Michigan State University (BS, zoology–genetics) and the University of South Florida (PhD, evolutionary genetics), and has published papers in areas as diverse as science education, water quality, and the evolution of insecticide resistance. His current interests are in the analysis of data from digital learning platforms for the development of personalized microlearning assets and next-generation publication platforms. He is currently a member of the National Association of Science Writers and several science education associations. He has served as the keynote speaker on the development of multimedia resources for online and hybrid science classrooms. In 2015, he won the DevLearn HyperDrive competition for a strategy to integrate student data into the textbook revision process.

As an author and editor, Dr. Windelspecht has over 30 reference textbooks and multiple print and online lab manuals to his credit. He has founded several science communication companies, including Ricochet Creative Productions, which actively develops and assesses new technologies for the science classroom, and Inspire-EdVentures, which provides experiential learning opportunities online and in Belize. You can learn more about Dr. Windelspecht by visiting his website at [www.windelspectrum.com](http://www.windelspectrum.com).



Courtesy of Dave Cox

## Contributor

**Dave Cox** serves as professor of biology at Lincoln Land Community College, in Springfield, Illinois. He was educated at Illinois College and Western Illinois University. As an educator, Professor Cox teaches introductory biology for nonmajors in the traditional classroom format, as well as in a hybrid format. He also teaches biology for majors, and marine biology and biological field studies as study-abroad courses in Belize. He is the co-owner of Howler Publications, a company that specializes in scientific study abroad courses. Professor Cox has served as a contributor to multiple McGraw Hill titles over the past 12 years. He also develops educational resources for the ecotourism industry in Belize.



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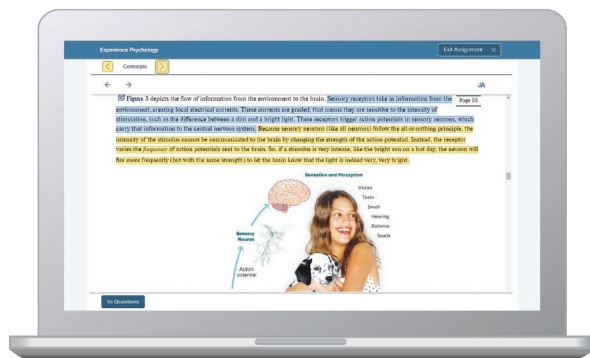
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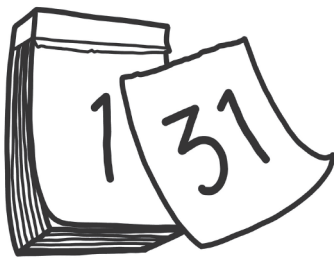
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## Goals of the Seventeenth Edition

Humans are a naturally inquisitive species. As children, we become fascinated with our bodies, and life in general, at a very early age. We want to know how our bodies work, why there are differences, and similarities, between ourselves and the other children around us. In other words, at a very early age we are all biologists.

In many ways, today's students in the science classroom face some of the same challenges their parents did decades ago. The abundance of new terms often overwhelms even the best-prepared student, and the study of biological processes and methods of scientific thinking may convince some students that "science isn't their thing." The study of human biology creates an opportunity for teachers to instruct their students using the ultimate model organism—their own bodies. Whether this is their last science class or the first in a long career in allied health, the study of human biology is pertinent to everyone.

Students in today's world are being exposed, almost on a daily basis, to exciting new discoveries and insights that, in many cases, were beyond our predictions even a few short years ago—from revolutionary new techniques to develop vaccines to stop pandemics, to the impacts of climate change on their local environments and advances in medical techniques to fight diseases such as cancer. Therefore, it is important that we know not only why we are different, but how we are the same as the species we share the planet with. It is our task, as instructors, not only to make these findings available to our students but to enlighten students as to why these discoveries are important to their lives and society. At the same time, we must provide students with a firm foundation in those core principles on which biology is founded, and in doing so, provide them with the background to better understand the many discoveries still to come.

As educators, the authors of this text understand the needs of our colleagues in developing curricula that increasingly focus on relevancy and delivery in the online environment. McGraw Hill Education has long been an innovator in the development of educational resources, and the *Human Biology* text is at the forefront in integrating these resources and digital technologies into the science classroom. In this edition, that involved the following:

- Making the content more relevant to the current generation of students by updating chapter openers and themed readings to focus on issues and topics important to the discussions that students are hearing in the world around them.
- Integrating relevancy modules to supplement the format of a traditional textbook and provide another avenue for students to engage with the content.
- Redesigning the artwork to ensure it transitions to the digital world of mobile devices.
- Developing a new Featured Reading Series, The Diversity of Science, to emphasize the contributions of unrecognized scientists to our understanding of biology.

### **Virtual Labs and Lab Simulations**

While the biological sciences are hands-on disciplines, instructors today are often asked to deliver some of their lab content online, as full online replacements, supplements to prepare for in-person labs, or make-up labs. These simulations help each



student learn the practical and conceptual skills needed, and then let them check their understanding of the lessons by providing feedback. With adaptive pre-lab and post-lab assessments available, instructors can customize each assignment.

From the instructor's perspective, these simulations may be used in the lecture environment to help students visualize complex scientific processes, such as DNA technology or Gram staining, while at the same time providing a valuable connection between the lecture and lab environments.

## Relevancy

The use of real-world examples to demonstrate the importance of biology in the lives of students is widely recognized as an effective teaching strategy for the introductory biology classroom. Students want to learn about the topics they are interested in. The development of relevancy-based resources is a major focus for the authors of the Mader series of texts. Some examples of how we have increased the relevancy content of this edition are explained in the following paragraphs.

### Relevancy Modules

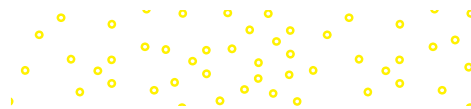
A series of relevancy modules have been designed to accompany each unit in *Human Biology*. These modules demonstrate the connections between biological content and topics that are of interest to society as a whole. Each module consists of an introductory video, an overview of basic scientific concepts, and then a closer look at the application of these concepts to the topic. An infographic at the end of each module may be easily used in the lecture environment to initiate discussion of the topic. Discussion and assessment questions, specific to the modules, are available at the end of the module, and for automatic assessment in the Connect platform. Below is a list of our current relevancy modules.

These modules are available as a supplementary eBook to the existing text within Connect, and may be assigned by the instructor for use in a variety of ways in the classroom.



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### ***BioNOW Videos***

The BioNOW series of videos, narrated and produced by educator Jason Carlson, provide a relevant, applied approach that allows your students to feel they can actually learn biology on their own. While tying directly to the content of your course, the videos help students relate their daily lives to the biology you teach, and lets them connect what they learn back to their lives.

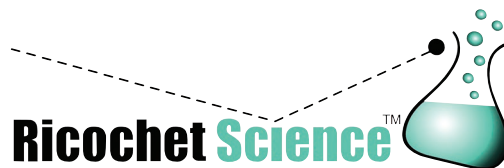
Each video provides an engaging and entertaining story about applying the science of biology to a real situation or problem. Attention is taken to use tools and techniques that the average person would have access to, so your students see the science as something they could do and understand.



Photos: McGraw Hill

### ***Ricochet Science Website***

The website <https://ricochetscience.com>, managed by Michael Windelspecht, provides updates on news and stories that are interesting to science and nonscience majors alike. The PopScience articles on this site provide an excellent focus for classroom discussions on topics that are currently being debated in society. The site also features videos and tutorial animations to assist the students in recognizing the relevance of what they are learning in the classroom.





# ACKNOWLEDGMENTS

Dr. Sylvia Mader is one of the icons of science education. Her dedication to her students, coupled with her clear, concise writing style, has benefited the education of thousands of students over the past four decades. As an educator, it is an honor to continue her legacy and to bring her message to the next generation of students.

As always, I had the privilege to work with a phenomenal group of people on this edition. I would especially like to thank you, the numerous instructors who have shared emails with me or have invited me into your classrooms, both physically and virtually, to discuss your needs as instructors and the needs of your students. You are all dedicated and talented teachers, and your energy and devotion to quality teaching is what drives a textbook revision.

Many dedicated and talented individuals assisted in the development of this edition of *Human Biology*. I am very grateful for the help of so many professionals at McGraw Hill who were involved in bringing this book to fruition. Therefore, I would like to thank the following:

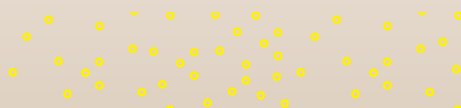
- My product developer, Anne Winch, for her incredible ability to manage all aspects of this project simultaneously.
- Portfolio director Michelle Vogler and portfolio manager Lora Neyens, for their guidance and for reminding me why what we do is important.
- My marketing manager, Erin Martin, for placing me in contact with great instructors, on campus and virtually, throughout this process.
- My content project manager, Jessica Portz, and lead content project manager, Kelly Hart, for guiding this project throughout the publication process.

- Content licensing specialist, Lori Hancock, and photo specialist, David Tietz, for the photos within this text. Biology is a visual science, and their contributions are evident on every page.
- Michael McGee and Sharon O'Donnell, who acted as my copy-editor and proofreader, respectively, for this edition.
- Jane Peden, for her behind-the-scenes work that keeps us all functioning.

As both an educator and an author, communicating the importance of science represents one of my greatest passions. Our modern society is based largely on advances in science and technology over the past few decades. As I present in this text, there are many challenges facing humans, and an understanding of how science can help analyze, and offer solutions to, these problems is critical to our species' health and survival. The only solution to these problems is an increase in scientific literacy, and more importantly, a greater appreciation for the roles of scientists in society. It is my hope that this text helps with that process.

I also want to acknowledge my family and friends for all of their support. My family team of Sandy, Devin, and Kayla have always been my motivation and encouragement. And for my dearest friends, who have never wavered in their support, thank you for believing.

Michael Windelspecht, PhD  
Blowing Rock, NC



# BRIEF CONTENTS

1. Exploring Life and Science 1

## Unit 1 Human Organization

2. Chemistry of Life 19
3. Cell Structure and Function 43
4. Tissues, Organ Systems, and Homeostasis 65

## Unit 2 Maintenance of the Human Body

5. Cardiovascular System: Heart and Blood Vessels 86
6. Cardiovascular System: Blood 106
7. The Lymphatic and Immune Systems 121
8. Biology of Infectious Diseases 141
9. Digestive System and Nutrition 159
10. Respiratory System 185
11. Urinary System 205

## Unit 3 Movement and Support in Humans

12. Skeletal System 223
13. Muscular System 242

## Unit 4 Integration and Coordination in Humans

14. Nervous System 262
15. Senses 289
16. Endocrine System 309

## Unit 5 Reproduction in Humans

17. Reproductive System 333
18. Development and Aging 358

## Unit 6 Human Genetics

19. Cell Division 381
20. Cancer 403
21. Genetic Inheritance 421
22. DNA Biology and Technology 443

## Unit 7 Human Evolution and Ecology

23. Human Evolution 470
24. Ecology and the Nature of Ecosystems 494
25. Human Interactions with the Biosphere 513

## CHAPTER 1

### Exploring Life and Science 1

- 1.1 The Characteristics of Life 2
- 1.2 Humans Are Related to Other Animals 7
- 1.3 Science as a Process 9
- 1.4 Science and the Challenges Facing Society 15

## Unit 1 Human Organization

## CHAPTER 2

### Chemistry of Life 19

- 2.1 From Atoms to Molecules 20
- 2.2 Water and Life 25
- 2.3 Molecules of Life 29
- 2.4 Carbohydrates 30
- 2.5 Lipids 32
- 2.6 Proteins 36
- 2.7 Nucleic Acids 38

## CHAPTER 3

### Cell Structure and Function 43

- 3.1 What Is a Cell? 44
- 3.2 How Cells Are Organized 46
- 3.3 The Plasma Membrane and How Substances Cross It 48
- 3.4 The Nucleus and Endomembrane System 52
- 3.5 The Cytoskeleton, Cell Movement, and Cell Junctions 55
- 3.6 Metabolism and the Energy Reactions 57

## CHAPTER 4

### Tissues, Organ Systems, and Homeostasis 65

- 4.1 Types of Tissues 66
- 4.2 Connective Tissue Connects and Supports 66
- 4.3 Muscular Tissue Moves the Body 69
- 4.4 Nervous Tissue Communicates 70
- 4.5 Epithelial Tissue Protects 71
- 4.6 Organ Systems, Body Cavities, and Body Membranes 74
- 4.7 Integumentary System 77
- 4.8 Homeostasis 81

## Unit 2 Maintenance of the Human Body

## CHAPTER 5

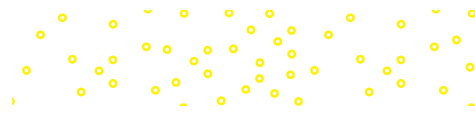
### Cardiovascular System: Heart and Blood Vessels 86

- 5.1 Overview of the Cardiovascular System 87
- 5.2 The Types of Blood Vessels 88
- 5.3 The Heart Is a Double Pump 89
- 5.4 Blood Pressure 94
- 5.5 Two Cardiovascular Pathways 96
- 5.6 Exchange at the Capillaries 98
- 5.7 Cardiovascular Disorders 99

## CHAPTER 6

### Cardiovascular System: Blood 106

- 6.1 Blood: An Overview 107
- 6.2 Red Blood Cells and the Transport of Gases 109
- 6.3 White Blood Cells and Defense Against Disease 111
- 6.4 Platelets and Blood Clotting 113
- 6.5 Human Blood Types 115
- 6.6 Homeostasis 118



CHAPTER **7**

**The Lymphatic and Immune Systems 121**

- 7.1 The Lymphatic System 122
- 7.2 Innate Immune Defenses 124
- 7.3 Adaptive Immune Defenses 127
- 7.4 Acquired Immunity 132
- 7.5 Disorders of the Immune System 135

CHAPTER **8**

**Biology of Infectious Diseases 141**

- 8.1 Bacteria and Viruses 142
- 8.2 Infectious Diseases and Human Health 146
- 8.3 Emerging Diseases and COVID-19 153
- 8.4 Antibiotic Resistance 155

CHAPTER **9**

**Digestive System and Nutrition 159**

- 9.1 Overview of Digestion 160
- 9.2 The Mouth, Pharynx, and Esophagus 162
- 9.3 The Stomach and Small Intestine 164
- 9.4 The Accessory Organs and Regulation of Secretions 169
- 9.5 The Large Intestine and Defecation 171
- 9.6 Nutrition and Weight Control 173

CHAPTER **10**

**Respiratory System 185**

- 10.1 The Respiratory System 186
- 10.2 The Upper Respiratory Tract 187
- 10.3 The Lower Respiratory Tract 189
- 10.4 Mechanism of Breathing 191
- 10.5 Control of Ventilation 194
- 10.6 Gas Exchange in the Body 196
- 10.7 Disorders of the Respiratory System 197

CHAPTER **11**

**Urinary System 205**

- 11.1 The Urinary System 206
- 11.2 Kidney Structure 209

- 11.3 Urine Formation 211
- 11.4 Kidneys and Homeostasis 215
- 11.5 Urinary System Disorders 219

**Unit 3 Movement and Support in Humans**

CHAPTER **12**

**Skeletal System 223**

- 12.1 Overview of the Skeletal System 224
- 12.2 Bones of the Axial Skeleton 226
- 12.3 Bones of the Appendicular Skeleton 230
- 12.4 Articulations 233
- 12.5 Bone Growth and Homeostasis 235

CHAPTER **13**

**Muscular System 242**

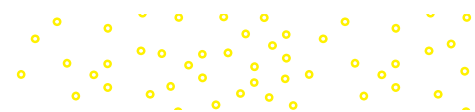
- 13.1 Overview of the Muscular System 243
- 13.2 Skeletal Muscle Fiber Contraction 246
- 13.3 Whole Muscle Contraction 252
- 13.4 Muscular Disorders 256
- 13.5 Homeostasis 258

**Unit 4 Integration and Coordination in Humans**

CHAPTER **14**

**Nervous System 262**

- 14.1 Overview of the Nervous System 263
- 14.2 The Central Nervous System 270
- 14.3 The Limbic System and Higher Mental Functions 276
- 14.4 The Peripheral Nervous System 278
- 14.5 Drug Therapy and Substance Use Disorders 282



**CHAPTER 15****Senses 289**

- 15.1 Overview of Sensory Receptors and Sensations 290
- 15.2 Somatic Senses 291
- 15.3 Senses of Taste and Smell 293
- 15.4 Sense of Vision 295
- 15.5 Sense of Hearing 301
- 15.6 Sense of Equilibrium 305

**CHAPTER 16****Endocrine System 309**

- 16.1 Endocrine Glands 310
- 16.2 Hypothalamus and Pituitary Gland 314
- 16.3 Thyroid and Parathyroid Glands 318
- 16.4 Adrenal Glands 320
- 16.5 Pancreas 324
- 16.6 Other Endocrine Glands 327
- 16.7 Hormones and Homeostasis 329

**Unit 5 Reproduction in Humans****CHAPTER 17****Reproductive System 333**

- 17.1 Human Life Cycle 334
- 17.2 Male Reproductive System 335
- 17.3 Female Reproductive System 339
- 17.4 The Ovarian Cycle 341
- 17.5 Control of Reproduction 345
- 17.6 Sexually Transmitted Diseases 350

**CHAPTER 18****Development and Aging 358**

- 18.1 Fertilization 359
- 18.2 Embryonic Development 361
- 18.3 Fetal Development 366
- 18.4 Pregnancy and Birth 372
- 18.5 Aging 375

**Unit 6 Human Genetics****CHAPTER 19****Cell Division 381**

- 19.1 Chromosomes 382
- 19.2 The Cell Cycle 383
- 19.3 Mitosis 385
- 19.4 Meiosis 387
- 19.5 Comparison of Meiosis and Mitosis 393
- 19.6 Chromosome Inheritance 395

**CHAPTER 20****Cancer 403**

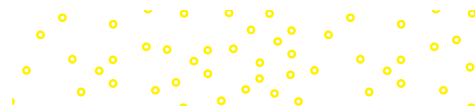
- 20.1 Overview of Cancer 404
- 20.2 Causes and Prevention of Cancer 409
- 20.3 Diagnosis of Cancer 413
- 20.4 Treatment of Cancer 416

**CHAPTER 21****Genetic Inheritance 421**

- 21.1 Genotype and Phenotype 422
- 21.2 One- and Two-Trait Inheritance 423
- 21.3 Inheritance of Genetic Disorders 429
- 21.4 Beyond Simple Inheritance Patterns 432
- 21.5 Sex-Linked Inheritance 436

**CHAPTER 22****DNA Biology and Technology 443**

- 22.1 DNA and RNA Structure and Function 444
- 22.2 Gene Expression 448
- 22.3 DNA Technology 455
- 22.4 Genomics and Gene Therapy 464



## Unit 7 Human Evolution and Ecology

### CHAPTER 23

#### Human Evolution 470

- 23.1 Origin of Life 471
- 23.2 Biological Evolution 473
- 23.3 Classification of Humans 479
- 23.4 Evolution of Hominins 482
- 23.5 Evolution of Humans 485

### CHAPTER 24

#### Ecology and the Nature of Ecosystems 494

- 24.1 The Nature of Ecosystems 495
- 24.2 Energy Flow in Ecosystems 498
- 24.3 Global Biogeochemical Cycles 502

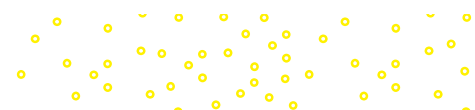
### CHAPTER 25

#### Human Interactions with the Biosphere 513

- 25.1 Human Population Growth 514
- 25.2 Human Use of Resources and Pollution 516
- 25.3 Biodiversity 525
- 25.4 Working Toward a Sustainable Society 532

- Appendix Periodic Table of the Elements A-1
- Metric System A-2

- Glossary G-1
- Index I



## BIOLOGY TODAY ► Diversity in Science

- |                                    |   |                     |
|------------------------------------|---|---------------------|
| The Legacy of Marie Curie 22       | Nettie Stevens and the Discovery of the Sex Chromosomes 438 | CRISPR Pioneers 460 |
| Should Infertility Be Treated? 349 |   |                     |
| Understanding Fertilization 360    |   |                     |

## BIOLOGY TODAY ► Health

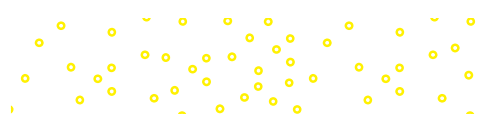
- |   |   |  |
|---|---|--|
| Fiber in the Diet 32                            | Protein and Vegetarians 176                           | The Importance of Exercise 257               |
| The Omega-3 Fatty Acids 34                      | The Rise and Fall of Artificial Trans Fatty Acids 178 | Caffeine: Good or Bad for You? 284           |
| Good and Bad Cholesterol 35                     | New Dietary Guidelines 182                            | Correcting Vision Problems 300               |
| The Metabolic Fate of Pizza 61                  | Are E-cigs Safe? 200                                  | Noise Pollution 304                          |
| UV Radiation and Skin Cancer 79                 | Questions About Smoking, Tobacco, and Health 201      | Preventing Transmission of STDs 353          |
| Recent Findings in Preventing Heart Disease 100 | Urinalysis 214  | Preventing and Testing for Birth Defects 368 |
| Aspirin and Heart Disease 115                   | Urinary Difficulties Due to an Enlarged Prostate 220  | Prevention of Cancer 412                     |
| Adult Vaccinations 134                          | Avoiding Osteoporosis 239                             | Cancer Self-Examinations 414                 |
| Opportunistic Infections and HIV 136            |   |  |
| Heartburn (GERD) 167                            |   |  |

## BIOLOGY TODAY ► Science

- |   |   |   |
|---|---|---|
| Adapting to Life at High Elevations 6                           | Nerve Regeneration and Stem Cells 265           | The Complexity of Our Evolutionary Past 488                   |
| Discovering the Cause of Ulcers 14                              | Identifying Insulin as a Chemical Messenger 327 | The Effects of Biocultural Evolution on Population Growth 491 |
| The Challenges of Developing an AIDS Vaccine 150                | Inactivating X Chromosomes 397                  | How Much Plastic Are You Eating? 500                          |
| The Biology of SARS-CoV-2 154                                   | The Immortal Henrietta Lacks 407                | The Wildfires of California 504                               |
| Artificial Lungs 191  | Genetics of Eye Color 434                       | Climate Change and Carbon Dioxide Emissions 507               |
| Lab-Grown Bladders 208  | Hemophilia: The Royal Disease 440               | Bees Now Officially Listed as an Endangered Species 530       |
| Identifying Skeletal Remains 232                                | Discovering the Structure of DNA 445            | Using Science to Save Jaguars 531                             |
| Osteoarthritis and the History of Joint Replacement Surgery 234 | Reproductive and Therapeutic Cloning 459        |   |
| Botox and Wrinkles 251  | Testing for Genetic Disorders 467               |   |
| Rigor Mortis 254  |   |   |







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# C H A P T E R

# 1

## Exploring Life and Science

### Diversity in Science

Our planet is home to a staggering diversity of life. Our species, *Homo sapiens*, is just one of the estimated 8.7 million different species (not counting bacteria) that inhabit the globe. Life may be found everywhere, from the deepest ocean trenches to the tops of the highest mountains. Biology is the area of scientific study that focuses on understanding all aspects of living organisms. Human biology focuses not only on the biology of our species but also its interactions with other species on the planet. This diversity of life is important to humans, because it provides us with food, medicines, and the raw materials needed to manufacture the millions of items that make our way of life possible.

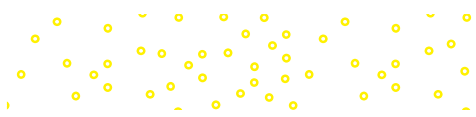
Equally as important as our planet's biodiversity is the diversity of the people who study biology. Scientists rely upon their own experiences to ask questions, develop hypotheses, and design experiments or models to explain natural phenomena. Therefore, in order for the scientific community to ably address the challenges facing human society, from climate change to emerging diseases, we need a diverse population of individuals, with unique experiences and viewpoints, to contribute their ideas and opinions. As we will see throughout this text, there are many ways to study our world, and our diversity is a major strength in developing solutions.

**As you read through the chapter, think about the following questions:**

1. What are some of the many ways a scientist can study biology?
2. Why would diversity in the scientific community play an important role in addressing how science can address the needs of society?

### CHAPTER OUTLINE

- 1.1 The Characteristics of Life
- 1.2 Humans Are Related to Other Animals
- 1.3 Science as a Process
- 1.4 Science and the Challenges Facing Society



## 1.1 The Characteristics of Life

### LEARNING OUTCOMES

Upon completion of this section, you should be able to

1. Explain the basic characteristics common to all living organisms.
2. Describe the levels of organization of life.
3. Explain why the study of evolution is important in understanding life.

The science of **biology** is the study of living organisms and the environments they live in. All living organisms (Fig. 1.1) share several basic characteristics. They (1) are organized, (2) acquire materials and energy, (3) are homeostatic, (4) respond to stimuli, (5) reproduce and have the potential for growth, and (6) have an evolutionary history.

### Life Is Organized

Life can be organized in a hierarchy of levels (Fig. 1.2). Note that, at the very base of this organization, **atoms** join together to form the **molecules**, which in turn make up a cell. A **cell** is the smallest

structural and functional unit of an organism. Some organisms, such as bacteria, are single-celled organisms. Humans are multicellular, because they are composed of many different types of cells. For example, the structure of nerve cells in the human body allows these cells to conduct nerve impulses.

A **tissue** is a group of similar cells that perform a particular function. Nervous tissue is composed of millions of nerve cells that transmit signals to all parts of the body. An **organ** is made up of several types of tissues, and each organ belongs to an **organ system**. The organs of an organ system work together to accomplish a common purpose. The brain works with the spinal cord to send commands to body parts by way of nerves. **Organisms**, such as trees and humans, are a collection of organ systems.

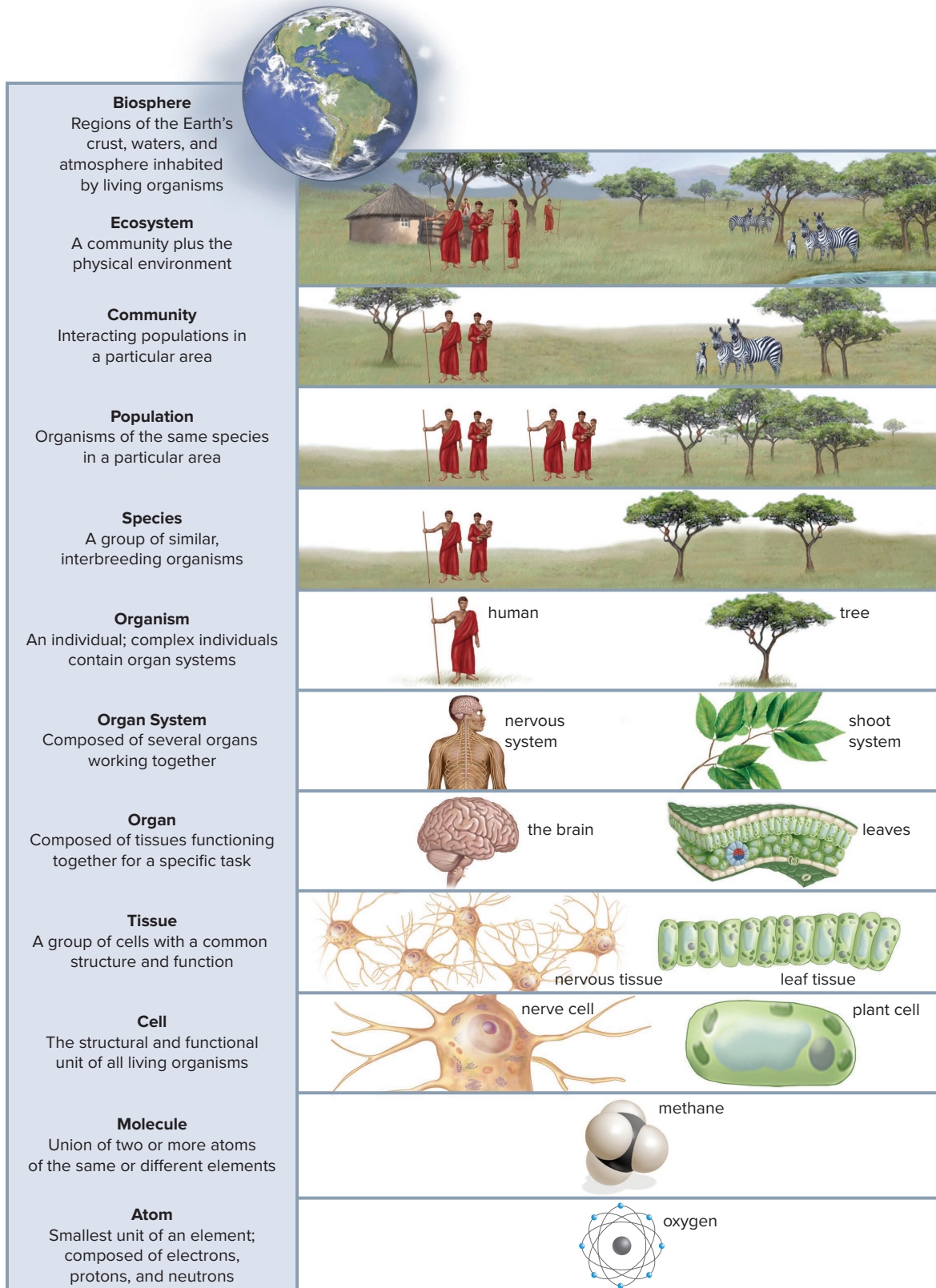
The levels of biological organization extend beyond the individual. All the members of one **species** (a group of interbreeding organisms) in a particular area belong to a **population**. A tropical grassland may have a population of zebras, acacia trees, and humans, for example. The interacting populations of the grasslands make up a **community**. The community of populations interacts with the physical environment to form an **ecosystem**. Finally, all the Earth's ecosystems collectively make up the **biosphere** (Fig. 1.2, *top*).



**Figure 1.1** All life shares common characteristics.

From the simplest one-celled organisms to complex plants and animals, all life shares several basic characteristics.

(student group): FatCamera/E+/Getty Images; (mushrooms): IT Stock/age fotostock; (bacteria): Paul Gunning/Science Photo Library/Getty Images; (gorilla): Mike Price/Shutterstock; (sunflower): MediImages/PunchStock/Getty Images; (*Giardia*): Dr. Stan Erlandsen/CDC



**Figure 1.2** Levels of biological organization.

Life is connected from the atomic level to the biosphere. The cell is the basic unit of life, and it comprises molecules and atoms. The sum of all life on the planet is called the biosphere.

**BIOLOGY IN YOUR LIFE****How many cells are in your body?**

The number of cells in a human body varies depending on the size of the person and whether cells have been damaged or lost. However, most estimates suggest there are well over 30 trillion cells in a human body. To put this into perspective, there are only an estimated 3 trillion trees on Earth.

**Life Requires Materials and Energy**

Humans, like all living organisms, cannot maintain their organization or carry on life's activities without an outside source of materials and energy. **Energy** is the capacity to do work. Like other animals, humans acquire materials and energy by eating food (Fig. 1.3).

Food provides nutrient molecules, which are used as building blocks or for energy. It takes energy to maintain the organization of the cell and the organism itself. Some nutrient molecules are broken down completely to provide the energy necessary to convert other nutrient molecules into the parts and products of cells. The breakdown of food is a component of our **metabolism**, or the sum of all the chemical reactions that occur within a cell or organism.



a.



b.

**Figure 1.3** Humans and other animals must acquire energy.

All life, including humans (a) and other animals, such as this eagle (b), must acquire energy to survive. The method by which organisms acquire energy is dependent on the species.

(a): Ariel Skelley/Blend Images/Getty Images; (b): Brian E Kushner/Shutterstock

The ultimate source of energy for the majority of life on Earth is the sun. Plants, algae, and some bacteria are able to harvest the energy of the sun and convert it to chemical energy by a process called **photosynthesis**. Photosynthesis produces organic molecules, such as sugars, that serve as the basis of the food chain for many other organisms, including humans and all other animals.

**Living Organisms Maintain an Internal Environment**

For the metabolic pathways within a cell to function correctly, the environmental conditions of the cell must be kept within strict operating limits. Many of the metabolic activities of a cell, or organism, function in maintaining **homeostasis**—a constant internal environment.

In humans, many of our organ systems work to maintain homeostasis. For example, human body temperature normally fluctuates slightly between 36.5 and 37.5°C (97.7 and 99.5°F) during the day. In general, the lowest temperature usually occurs between 2 A.M. and 4 A.M., and the highest usually occurs between 6 P.M. and 10 P.M. However, activity can cause the body temperature to rise, and inactivity can cause it to decline. The metabolic activities of our cells, tissues, and organs are dependent on maintaining a relatively constant body temperature. Therefore, a number of body systems, including the cardiovascular system and the nervous system, work together to maintain a constant temperature. The body's ability to maintain a normal temperature is also somewhat dependent on the external temperature. Even though we can shiver when we are cold and perspire when we are hot, we will die if the external temperature becomes overly cold or hot.

This text emphasizes how all the systems of the human body help maintain homeostasis. For example, the digestive system takes in nutrients, and the respiratory system exchanges gas with the environment. The cardiovascular system distributes nutrients and oxygen to the cells and picks up their wastes. The metabolic waste products of cells are excreted by the urinary system. The work of the nervous and endocrine systems is critical, because these systems coordinate the functions of the other systems.

**Living Organisms Respond**

It would be impossible to maintain homeostasis without the body's ability to respond to stimuli, both from the internal and external environments. Response to external stimuli is more apparent to us, because it involves movement, as when we quickly remove a hand from a hot stove. Certain sensory receptors also detect a change in the internal environment, and then the central nervous system brings about an appropriate response. When you are startled by a loud noise, your heartbeat increases, which causes your blood pressure to increase. If blood pressure rises too high, the brain directs blood vessels to dilate, helping restore normal blood pressure.

All life responds to external stimuli, often by moving toward or away from a stimulus, such as the sight of food. Organisms may use a variety of mechanisms to move, but movement in humans and other animals is dependent on their nervous and musculoskeletal systems. The leaves of plants track the passage of the sun during the day; when a houseplant is placed near a window, its stems bend to face the sun. The movement of an animal, whether self-directed



**Figure 1.4** Growth and development define life.

**a.** A small acorn becomes a tree, and **(b)** following fertilization an embryo becomes a fetus by the process of growth and development.

(a) (seedling): bogdan ionescu/Shutterstock; (a) (tree): Frank Kraemer/Photographer's Choice/Getty Images; (b) (sperm/egg): David M. Phillips/Science Source;

(b) (fetus): Steve Allen/Brand X Pictures/Getty Images

or in response to a stimulus, constitutes a large part of its *behavior*. Some behaviors help us acquire food and reproduce.

## Living Organisms Reproduce and Develop

Reproduction is a fundamental characteristic of life. Cells come into being only from preexisting cells, and all living organisms have parents. When organisms **reproduce**, they pass on their genetic information to the next generation. Following the fertilization of an egg by a sperm cell, the resulting zygote undergoes a rapid period of growth and development. This is common in most forms of life. Figure 1.4a illustrates that an acorn progresses to a seedling before it becomes an adult oak tree. In humans, growth occurs as the fertilized egg develops into a fetus (Fig. 1.4b). **Growth**, recognized by an increase in size and often in the number of cells, is a part of development. In multicellular organisms, such as humans, the term **development** is used to indicate all the changes that occur from the time the egg is fertilized until death. Therefore, it includes all the changes that occur during childhood, adolescence, and adulthood. Development also includes the repair that takes place following an injury.

The genetic information of all life is **DNA (deoxyribonucleic acid)**. DNA contains the hereditary information that directs not only the structure of each cell but also its function. The information in DNA is contained within **genes**, short sequences of hereditary material that specify the instructions for a specific trait. Before reproduction occurs, DNA is replicated so an exact copy of each gene may be passed on to the offspring. When humans reproduce, a sperm carries genes contributed by a male into the egg, which

contains genes contributed by a female. The genes direct both growth and development so that the organism will eventually resemble the parents. Sometimes **mutations**, minor variations in these genes, can cause an organism to be better suited for its environment. These mutations are the basis of evolutionary change.

## Organisms Have an Evolutionary History

**Evolution** is the process by which a population changes over time. The mechanism by which evolution occurs is **natural selection** (see Section 23.2). When a new variation arises that allows certain members of a population to capture more resources, these members tend to survive and have more offspring than the other, unchanged members. Therefore, each successive generation will include more members with the new variation, which represents an **adaptation** to the environment. Consider, for example, populations of humans who live at high altitudes, such as the cultures living at elevations of over 4,000 meters (m) (14,000 ft) in the Tibetan Plateau. This environment is very low in oxygen. As the Science feature “Adapting to Life at High Elevations” investigates, these populations have evolved an adaptation that reduces the amount of hemoglobin, the oxygen-carrying pigment in the blood. As the feature explains, this adaptation makes life at these altitudes possible.

Evolution, which has been going on since the origin of life and will continue as long as life exists, explains both the unity and diversity of life. All organisms share the same characteristics of life because their ancestry can be traced to the first cell or cells. Organisms are diverse because they are adapted to different ways of life.

## BIOLOGY TODAY ► Science

## Adapting to Life at High Elevations

Humans, like all other organisms, have an evolutionary history. This not only means we share common ancestors with other animals, but over time we demonstrate adaptations to changing environmental conditions. One study of populations living in the high-elevation mountains of Tibet (Fig. 1A) demonstrates how the processes of evolution and adaptation influence humans.

Normally, when a person moves to a higher altitude, the body may respond by making more hemoglobin, the component of blood that carries oxygen, which in turn thickens the consistency of the blood. For minor elevation changes, this does not present much of a problem. But for people who live at extreme elevations (some people in the Himalayas can live at elevations of over 13,000 ft, or close to 4,000 m), excess hemoglobin can present a number of health problems, including chronic mountain sickness, a disease that affects people who live at high altitudes for extended periods of time. The problem is that, as the amount of hemoglobin increases, the blood thickens and becomes more viscous. This can cause elevated blood pressure, or hypertension, and an increase in the formation of blood clots, both of which have negative physiological effects.



**Figure 1A** High-elevation adaptations.

Individuals living at high elevations, such as Tibetans, have become adapted to their high-elevation environment.

Michael Freeman/Corbis

Because high hemoglobin levels would be a detriment to people at high elevations, it makes sense that natural selection would favor individuals who produce less hemoglobin at high elevations. Such is the case with the Tibetans in this study. Researchers have identified an allele of a gene that reduces hemoglobin production at high elevations. Comparisons between Tibetans at both high and low elevations strongly suggest that selection has played a role in the prevalence of the high-elevation allele.

The gene is *EPAS1*, located on chromosome 2 of humans. *EPAS1* produces a transcription factor that basically regulates which genes are turned on and off in the body, a process called gene expression. The transcription factor produced by *EPAS1* has a number of functions in the body. For example, in addition to controlling the amount of hemoglobin in the blood, this transcription factor also regulates other genes that direct how the body uses oxygen.

When the researchers examined the variations in *EPAS1* in the Tibetan population, they discovered that the Tibetan version greatly reduces the production of hemoglobin. Therefore, the Tibetan population has lower hemoglobin levels than people living at lower altitudes, allowing these individuals to escape the consequences of thick blood.

How long did it take for the original population to adapt to living at higher elevations? Initially, the comparison of variations in these genes between high-elevation and low-elevation Tibetan populations suggested that the event may have occurred over a 3,000-year period. But researchers were skeptical of those data because they suggested a relatively rapid rate of evolutionary change. Additional studies of genetic databases yielded an interesting finding—the *EPAS1* gene in Tibetans was identical to a similar gene found in an ancient group of humans called the Denisovans (see Section 23.5). Scientists now believe that the *EPAS1* gene entered the Tibetan population around 40,000 years ago, either through interbreeding between early Tibetans and Denisovans, or from one of the immediate ancestors of this now-lost group of early humans.

## Questions to Consider

1. What other environments do you think could be studied to look for examples of human adaptation?
2. In addition to hemoglobin levels, do you think people at high elevations may exhibit other adaptations?

## CONNECTING THE CONCEPTS

Both homeostasis and evolution are central themes in the study of biology. For more examples of homeostasis and evolution, refer to the following discussions:

**Section 4.8** explains how body temperature is regulated.

**Section 11.4** explores the role of the kidneys in fluid and salt homeostasis.

**Section 23.3** examines the evolutionary history of humans.

## CHECK YOUR PROGRESS 1.1

1. List the basic characteristics of life.
2. Summarize the levels of biological organization.
3. Explain the relationship between adaptations and evolutionary change.

## 1.2 Humans Are Related to Other Animals

### LEARNING OUTCOMES

Upon completion of this section, you should be able to

1. Summarize the place of humans in the overall classification of living organisms.
2. Understand that humans have a cultural heritage.
3. Describe the relationship between humans and the biosphere.

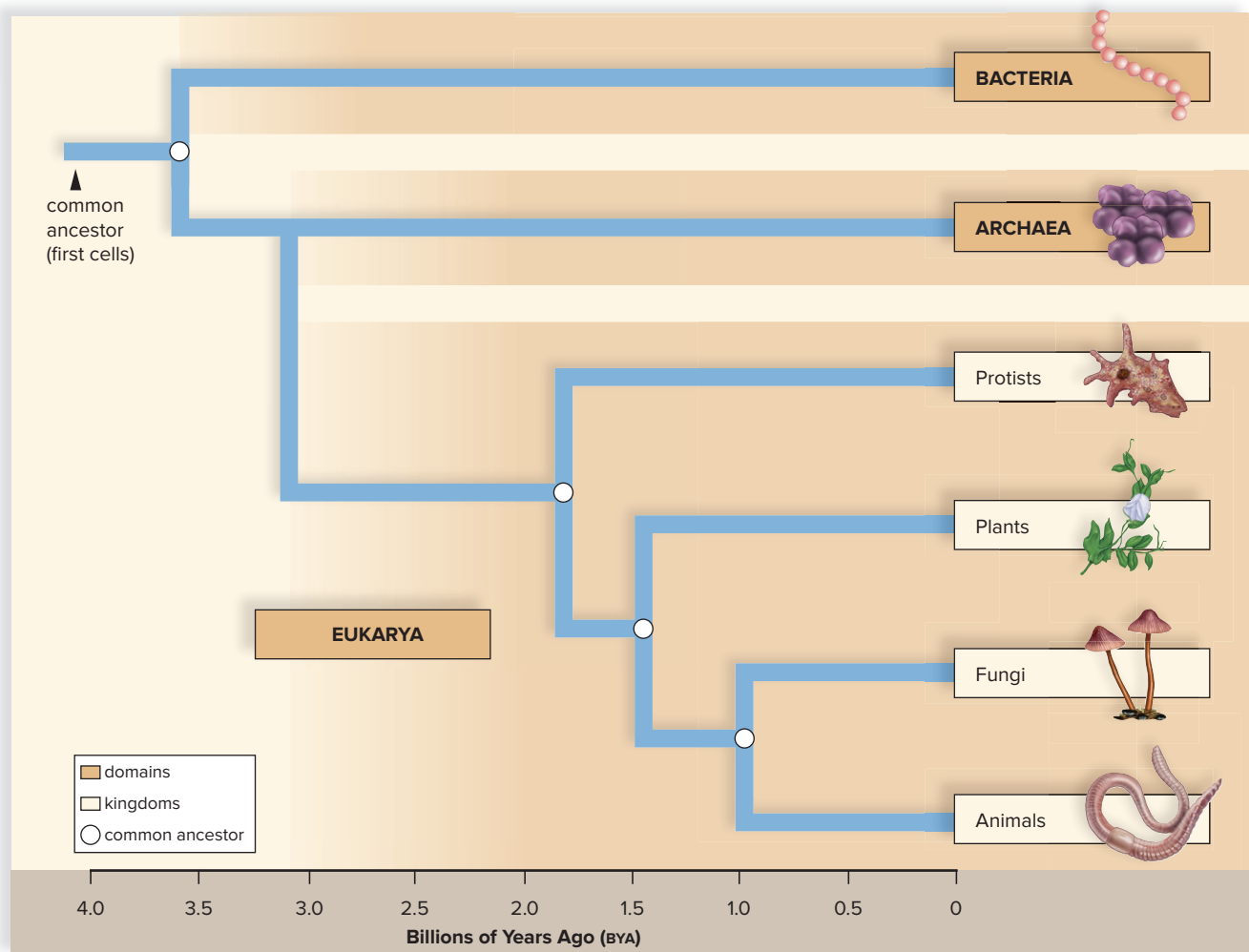
Biologists classify all life as belonging to one of three **domains**. The evolutionary relationships of these domains are presented in Figure 1.5.

Two of these domains, domain Bacteria and domain Archaea, contain prokaryotes, single-celled organisms that lack a nucleus (Fig. 1.6). Organisms in the third domain, Eukarya, all contain cells

that possess a nucleus. Some of these organisms are single-celled; others are multicellular. Humans are an example of multicelled Eukarya.

Historically, domain Eukarya was divided into one of four **kingdoms** (Fig. 1.6). However, the development of improved techniques in analyzing the DNA of organisms suggests that not all of the Protistas (the earliest eukaryotes) share the same evolutionary lineage, meaning that the evolution of the eukaryotes has occurred along several paths. A new taxonomic group, called a **supergroup**, was developed to explain these evolutionary relationships. There are currently six supergroups for domain Eukarya. Over the past several years, changes have been made to the supergroup classification as new research unveils relationships between these organisms. While these relationships are still being studied and analyzed, current thinking places the animals in the same supergroup (the Opisthokonts) as the fungi.

The traditional kingdom level of classification within domain Eukarya is still widely used, and is often placed beneath the




**Figure 1.5** The evolutionary relationships of the three domains of life.

Living organisms are classified into three domains: Bacteria, Archaea, and Eukarya. The Eukarya are further divided into kingdoms (see Fig. 1.6).




**Domain Archaea**



- Prokaryotic cells of various shapes
- Adaptations to extreme environments
- Absorb or chemosynthesize food
- Unique chemical characteristics

*Sulfolobus*, an archaeon


**Domain Bacteria**



- Prokaryotic cells of various shapes
- Adaptations to all environments
- Absorb, photosynthesize, or chemosynthesize food
- Unique chemical characteristics

*Escherichia coli*, a bacterium


**Domain Eukarya; Kingdom Protista**



- Algae, protozoans, slime molds, and water molds
- Complex single cell (sometimes filaments, colonies, or even multicellular)
- Absorb, photosynthesize, or ingest food

*Paramecium*, a single-celled protozoan


**Domain Eukarya: Kingdom Plantae**



- Certain algae, mosses, ferns, conifers, and flowering plants
- Multicellular, usually with specialized tissues, containing complex cells
- Photosynthesize food

*Ophrys apifera*, bee orchid

**Domain Eukarya: Kingdom Fungi**



- Molds, mushrooms, yeasts, and ringworms
- Mostly multicellular filaments with specialized, complex cells
- Absorb food

*Amanita muscaria*, a mushroom

**Domain Eukarya: Kingdom Animalia**



- Sponges, worms, insects, fishes, frogs, turtles, birds, and mammals
- Multicellular with specialized tissues containing complex cells
- Ingest food

*Buteo jamaicensis*, red-tailed hawk

**Figure 1.6** The classification of life.

This figure offers some characteristics of organisms in each of the major domains and kingdoms of life. Humans belong to the domain Eukarya and kingdom Animalia.

(archaea): Eye of Science/Science Source; (bacteria): A. Barry Dowsett/Science Source; (paramecium): M.I. Walker/Science Source; (orchids): CreativeNature\_nl/iStock/Getty Images; (mushrooms): Ingram Publishing/Getty Images; (hawk): Keneva Photography/Shutterstock

supergroup classification. The four kingdoms are shown in Figure 1.6 and include the following:

- **Kingdom Protista.** Commonly called the **protists**, this is a very diverse group of eukaryotic organisms, ranging from single-celled forms to a few multicellular organisms. Some protists use photosynthesis to manufacture food, and some must acquire their own food. As we mentioned, the diverse nature of these organisms indicates they have multiple evolutionary origins, and thus belong to different supergroups.
- **Kingdom Plantae.** The **plants** are multicellular, photosynthetic organisms.
- **Kingdom Fungi.** **Fungi** are the familiar molds and mushrooms that help decompose dead organisms. Some fungi are parasites of plants and animals.

- **Kingdom Animalia.** **Animals** are multicellular organisms that must ingest and process their food. They are capable of motion at some point in their life cycle.

Among the animals are the *invertebrates*, which lack an internal skeletal support structure, called vertebrae. Most animals are invertebrates. Examples include earthworms, insects, and mollusks. *Vertebrates* are animals that have a nerve cord protected by a vertebral column, which gives them their name. Fish, reptiles, amphibians, and birds are all examples of vertebrates. Vertebrates with hair or fur and mammary glands are classified as *mammals*. Humans, raccoons, seals, and meerkats are examples of mammals.

Humans are *primate* mammals and are most closely related to apes. We are distinguished from apes by our (1) highly developed brains, (2) completely upright stance, (3) creative language, and

(4) ability to use a wide variety of tools. Humans did not evolve from apes; apes and humans share a common, apelike ancestor. Today's apes are our evolutionary cousins. Our relationship to apes is analogous to you and your first cousin being descended from your grandparents. We could not have evolved directly from our cousins, because we are contemporaries—living on Earth at the same time.

## Humans Have a Cultural Heritage

Humans have a cultural heritage in addition to a biological heritage. *Culture* encompasses human activities and products passed on from one generation to the next outside of direct biological inheritance. Among animals, only humans have a language that allows us to communicate information and experiences symbolically. We are born without knowledge of an accepted way to behave, but we gradually acquire this knowledge by adult instruction and the imitation of role models. Members of the previous generation pass on their beliefs, values, and skills to the next generation. Many of the skills involve tool use, which can vary from how to hunt in the wild to how to use a computer. Human skills have also produced a rich heritage in the arts and sciences. However, a society highly dependent on science and technology has its drawbacks as well. Unfortunately, this cultural development may mislead us into believing that humans are somehow not part of the natural world surrounding us.

## Humans Are Members of the Biosphere

All life on Earth is part of the biosphere, the living network that spans the surface of the Earth into the atmosphere and down into the soil and seas. Although humans can raise animals and crops for food, we depend on the environment for many services. Without microorganisms that decompose, the waste we create would soon cover the Earth's surface. Some species of bacteria help us by cleaning up pollutants like heavy metals and pesticides.

Freshwater ecosystems, such as rivers and lakes, provide fish to eat, water to drink, and water to irrigate crops. Many of our crops and prescription drugs were originally derived from plants that grew naturally in an ecosystem. Some human populations around the globe still depend on wild animals as a food source. The water-holding capacity of forests prevents flooding, and the ability of forests and other ecosystems to retain soil prevents soil erosion. For many people, these forests provide a place for recreational activities like hiking and camping.

### BIOLOGY IN YOUR LIFE

#### How many humans are there?

In 2021, it was estimated there were over 7.9 billion humans on the planet. Each human needs food, shelter, clean water and air, and materials to maintain a healthy lifestyle. Our species adds an additional 83 million people per year—that is like adding the population of ten New York Cities annually! This makes human population growth one of the greatest threats to the biosphere.

### CHECK YOUR PROGRESS 1.2

1. Define the term *biosphere*.
2. Define *culture*.
3. Explain why humans belong to the domain Eukarya and kingdom Animalia.

### CONNECTING THE CONCEPTS

To learn more about the preceding material, refer to the following discussions:

**Chapter 23** examines recent developments in the study of human evolution.

**Chapter 24** provides a more detailed look at ecosystems.

**Chapter 25** explores how humans interact with the biosphere.

## 1.3 Science as a Process

### LEARNING OUTCOMES

Upon completion of this section, you should be able to

1. Describe the general process of the scientific method.
2. Distinguish between a control group and an experimental group in a scientific test.
3. Recognize the importance of scientific journals in the reporting of scientific information.
4. Recognize the importance of statistical analysis to the study of science.

**Science** is a way of knowing about the natural world. When scientists study the natural world, they aim to be objective, rather than subjective. Objective observations are supported by factual information, whereas subjective observations involve personal judgment. For example, the fat content of a particular food would be an objective observation of a nutritional study. Reporting about the good or bad taste of the food would be a subjective observation. It is difficult to make objective observations and conclusions, because we are often influenced by our prejudices. Scientists must keep in mind that scientific conclusions can change because of new findings. New findings are often made because of recent advances in techniques or equipment.

Religion, aesthetics, ethics, and science are all ways in which humans seek order in the natural world. The nature of scientific inquiry differs from these other ways of knowing and learning, because the scientific process employs the **scientific method**, a standard series of steps used in gaining new knowledge that is widely accepted among scientists. The scientific method (Fig. 1.7) acts as a guideline for scientific studies.

The approach of individual scientists to their work is as varied as the scientists. However, much of the scientific process is descriptive. For example, an observation of a new disease may lead a scientist to describe all the aspects of the disease, such as the environment, the age of onset, and the characteristics of the disease. Some areas of biology, such as the study of biodiversity in the